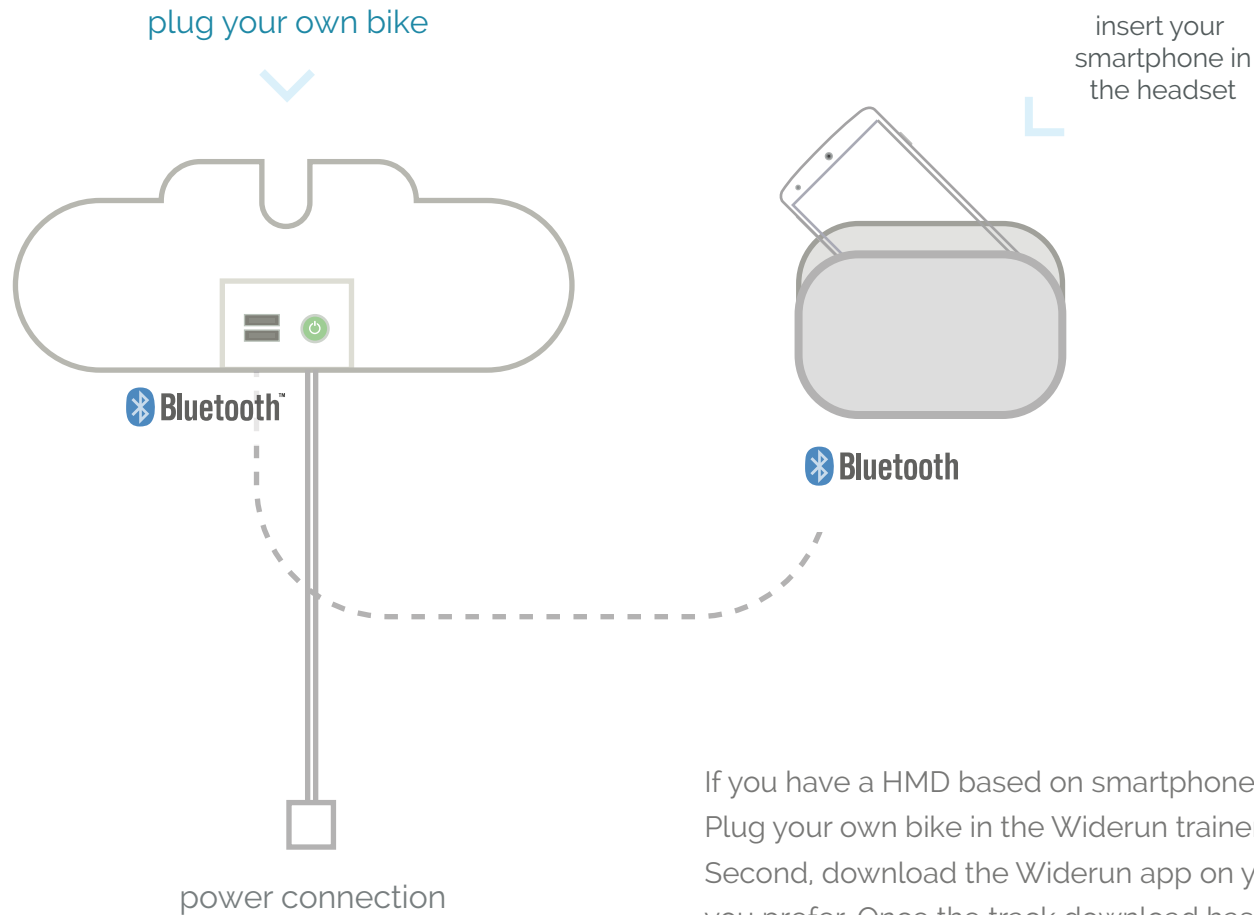


how it works

if you have a smartphone



If you have a HMD based on smartphone the procedure does not change.

Plug your own bike in the Widerun trainer and turn it on.

Second, download the Widerun app on your smartphone, log in and choose the track you prefer. Once the track download has completed, establish the Bluetooth connection between the smartphone and the bike trainer.

Finally you get ready, wear the HMD and start cycling.